

Group 5

November 2024

Date	Drop Off	Activity
Nov. 5	Mark Messier	Hockey
Nov. 6	Mark Messier	Hockey
Nov. 7	Servus Place	Badminton/Vipr training
Nov. 19	Mark Messier	Hockey
Nov. 20	Mark Messier	Hockey
Nov. 21	Albert Lacombe 50 Gainsborough Ave.	P.E./Fitness/Wellness
Nov. 26	Mark Messier	Hockey
Nov. 27	Mark Messier	Hockey
Nov. 28	Velocity 33 Corriveau Ave.	Fitness/Skills

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes for each activity.
- **Velocity Training is at 33 Corriveau Ave. Please have stick, gloves, and helmet.**
- Mark Messier – Servus Place – 400 Campbell Rd.
- **All drop offs should be made by 8:00 A.M.**