Group 5

February 2025

Date	Drop Off	Activity
Feb. 4	Mark Messier	Hockey
Feb. 5	Mark Messier	Hockey
Feb. 11	Mark Messier	Hockey
Feb. 12	Mark Messier	Hockey
Feb. 13	Servus Place	Pickleball/Hiit Training
Feb. 18	Mark Messier	Hockey
Feb. 19	Mark Messier	Hockey
Feb. 20	Servus Place	Skills @ Hockeyology – WEM
	Bus leaves at 8:00	Need skates, gloves, helmet and stick
Feb. 25	Mark Messier	Hockey
Feb. 26	Mark Messier	Hockey
Feb. 27	Velocity Training 33 Corriveau	Skills/Fitness
	Ave.	

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes for each activity.
- Velocity Training is at 33 Corriveau Ave. Please have stick, gloves, and helmet.
- Mark Messier Servus Place 400 Campbell Rd.
- All drop offs should be made by 8:00 A.M.