

Group 5

January 2025

Date	Drop Off	Activity
Jan. 7	Mark Messier	Hockey
Jan. 8	Mark Messier	Hockey
Jan. 9	Servus Place	Bball/Yoga
Jan. 14	Mark Messier	Hockey
Jan. 15	Mark Messier	Hockey
Jan. 16	Servus Place Bus leaves 8:00 AM	Fitset
Jan. 21	Mark Messier	Hockey
Jan. 22	Mark Messier	Hockey
Jan. 23	Velocity Training 33 Corriveau Ave.	PE/Fitness/Skills
Jan. 28	Mark Messier	Hockey
Jan. 29	Mark Messier	Hockey

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes for each activity.
- **Velocity Training is at 33 Corriveau Ave. Please have stick, gloves, and helmet.**
- Mark Messier – Servus Place – 400 Campbell Rd.
- **All drop offs should be made by 8:00 A.M.**