

Group 6

March 2025

Date	Drop Off	Activity
Mar. 4	Troy Murray	Hockey
Mar. 5	Servus Place	Badminton/Fascial Release
Mar. 6	Mark Messier	Hockey
Mar. 11	Troy Murray	Hockey
Mar. 12	Albert Lacombe 50 Gainsborough Ave.	P.E./Fitness/Wellness
Mar. 13	Mark Messier	Hockey
Mar. 18	Troy Murray	Hockey
Mar. 19	Servus Place Bus leaves at 8:00 AM	Skills @ Hockeyology – WEM Need skates, gloves, helmet and stick
Mar. 20	Mark Messier	Hockey

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes for each activity.
- **Velocity Trasing is at 35 Corriveau Ave. Please have stick, gloves, and helmet.**
- Mark Messier and Troy Murray – Servus Place – 400 Campell Rd.
- **All drop offs should be made by 8:00 A.M.**