

Group 3

November 2024

Date	Pick Up	Activity
Nov. 5	Servus Place	Fitset
Nov. 6	Mark Messier	Hockey
Nov. 7	Mark Messier	Hockey
Nov. 19	Servus Place	Badminton/Vipr training
Nov. 20	Mark Messier	Hockey
Nov. 21	Mark Messier	Hockey
Nov. 26	Farmstrong 25 Chisholm Ave	Olympic Lifting
Nov. 27	Mark Messier	Hockey
Nov. 28	Mark Messier	Hockey

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes.
- **Farmstrong is located at 25 Chisholm Ave.**
- Mark Messier – Servus Place – 400 Cambell Rd.
- **Pick Up is 3:00 P.M.**