

Group 3

February 2025

Date	Pick Up	Activity
Feb. 4	Farmstrong 25 Chisholm Ave	Olympic Lifting/Boxing Training
Feb. 5	Mark Messier	Hockey
Feb. 11	Servus Place	Pickleball/Hiit Training
Feb. 12	Mark Messier	Hockey
Feb. 13	Mark Messier	Hockey
Feb. 18	Albert Lacombe 50 Gainsborough Ave.	P.E./Fitness
Feb. 19	Mark Messier	Hockey
Feb. 20	Mark Messier	Hockey
Feb. 25	Velocity 35 Corriveau Ave	Skills/Fitness
Feb. 26	Mark Messier	Hockey
Feb. 27	Mark Messier	Hockey

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes.
- **Velocity Training is at 35 Corriveau Ave. Please have a helmet, stick and gloves**
- Mark Messier – Servus Place – 400 Cambell Rd.
- **Pick Up is 3:00 P.M.**