

Group 3

January 2025

Date	Pick Up	Activity
Jan. 7	Albert Lacombe 50 Gainsborough Ave	P.E./Fitness
Jan. 8	Mark Messier	Hockey
Jan. 9	Mark Messier	Hockey
Jan. 14	Servus Place	Bball/Yoga
Jan. 15	Mark Messier	Hockey
Jan. 16	Mark Messier	Hockey
Jan. 21	Velocity 33 Corriveau Ave.	Skills/Fitness
Jan. 22	Mark Messier	Hockey
Jan. 23	Mark Messier	Hockey
Jan. 28	Albert Lacombe	PE/Fitness/Skills
Jan. 29	Mark Messier	Hockey

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes.
- **Velocity Training is at 35 Corriveau Ave. Please have a helmet, stick and gloves**
- Mark Messier – Servus Place – 400 Cambell Rd.
- **Pick Up is 3:00 P.M.**