## Grade 7 - 9 GCD

## January 2025

| Date    | Pick up      | Activity     |
|---------|--------------|--------------|
| Jan. 7  | Dynamyx      | Cheer        |
| Jan. 8  | Dynamyx      | Gymnastics   |
| Jan. 9  | Dynamyx      | Dance        |
| Jan. 14 | Dynamyx      | Cheer        |
| Jan. 15 | Dynamyx      | Gymnastics   |
| Jan. 16 | Dynamyx      | Dance        |
| Jan. 21 | Servus Place | Bball/Yoga   |
| Jan. 22 | Dynamyx      | Gymnastics   |
| Jan. 23 | Dynamyx      | Dance        |
| Jan. 28 | Servus Place | Fitset Ninja |
| Jan. 29 | Dynamyx      | Cheer        |

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes for each activity.
- Dynamyx is located at 175 Carleton Drive
- The St. Albert Curling club is located at 3 Tache St.
- Pick Up is 3:00 P.M.