

St. Albert Sports Academy
HFCS Recreation Program
“Athletics are a Dress Rehearsal for Life”
780 459 7734
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December 2024 Schedule

Date	Location	Activity
December 3	Liberton Park, St. Albert	Tobogganing
December 5	Fitset Ninja	Ninja Warrior Obstacle Course
December 10	Garrison Memorial Golf and Curling Club	Curling
December 12	Garrison Memorial Golf and Curling Club	Curling
December 17	Millennium Place, Sherwood Park	Swimming
December 19	Servus Place	Swimming

- All students should be prepared with proper footwear, clothing, equipment and water bottle for each activity.
- For tobogganing on Dec. 3 - Students will be required to wear a helmet.
- For Fitset Ninja on Dec. 5 - an online waiver will need to be filled out.
- For Curling on Dec. 10 and 12 - Students will need to wear warm winter clothing and clean indoor shoes.