## St. Albert Sports Academy

### **Richard S. Fowler - Recreation Program**

"Athletics are a Dress Rehearsal for Life" Ph. # 780 459 2644

#### kbazzarelli@gsacrd.ab.ca

#### February 2025

Date	Location	Activity
4	Raise Athletics	Badminton
5	Alfred Savage Centre	Snowshoe
11	Alfred Savage Centre	Kick Sledding
12	Braeside ODR	Skating
13	Sunridge Skill Hill	Tubing
18	Kingswood Park	Snowfeet
19	Rollers Roller Rink	Roller Skating
20	Clip n Climb	Climbing
25	Wilson Rock Climbing (U of A)	Rock Climbing
26	Millennium Place	Swimming
27	Servus Place	Lacrosse

- All athletes should have a proper change of clothes/equipment and water bottle/snacks for each activity.
- If students are unable to bring equipment, please inform Mr. Ludtke, Mr. Arlinghaus or Mrs. Bazzarelli so that arrangements can be made.

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"Athletics are a Dress Rehearsal for Life" Ph. # 780 459 2644

#### cludtke@gsacrd.ab.ca

#### February 2025

Date	Location	Activity
4	Alfred Savage Centre	Snowshoe
5	Braeside ODR	Skating
11	Raise Athletic Centre	Badminton
12	Alfred Savage Centre	Kick Sledding
13	Rollers Roller Rink	Roller Skating
18	Sunridge Ski Hill	Tubing
19	Kingswood Park	Snowfeet
20	Servus Place	Mini games
25	Millennium Place	Swimming
26	Cirquetastic	Acrobatics
27	Wilson Rock Climbing (U of A)	Rock Climbing

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### **Richard S. Fowler - Recreation Program**

"Athletics are a Dress Rehearsal for Life"
Ph. # 780 459 2644

#### barlinghaus@gsacrd.ab.ca

#### February 2025

Date	Location	Activity
4	Braeside ODR	Skating
5	B-Active	Badminton
11	Sunridge Skill Hill	Tubing
12	Alfred Savage Centre	Snowshoe
13	Alfred Savage Centre	Kick sledding
18	Laharia	Yoga
19	Gracie Barria	MMA
20	Kingswood Park	Snowfeet
25	Millennium Place	Swimming
26	Wilson Rock Climbing wall (U of A)	Rock Climbing
27	Cirquetastic	Acrobatics

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