

**St. Albert Sports Academy**  
**Richard S. Fowler - Recreation Program**  
*“Athletics are a Dress Rehearsal for Life”*  
Ph. # 780 459 2644

[barlinghaus@gsacrd.ab.ca](mailto:barlinghaus@gsacrd.ab.ca)

April 2025

Date	Location	Activity
1	Cirquetastic	Acrobatics
2	CCT Golf World	Virtual Golf
3	Metro Billiards	Pool
8	The Batting Cages	Batting & Pitching
9	Gracie Barri	Vball/ soccer
10	South Gymnastics & Ninja	Gymnastics & Ninja Warrior
15	Raise Athletics	Pickleball
16	Foam Fighters	Nerf games
17	Kinex Arena	Ball Hockey
22	Panther Gym	Boxing
23	WEM Waterpark	Swimming
24	SVAC	Fitness
29	Absolute Human Performance	Baseball
30	Marshall Boxing	Boxing

- All athletes should have a proper change of clothes/equipment and water bottle/snacks for each activity.
- **If students are unable to bring equipment, please inform Mr. Ludtke, Mr. Arlinghaus or Mrs. Bazzarelli so that arrangements can be made.**

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[kbazzarelli@gsacrd.ab.ca](mailto:kbazzarelli@gsacrd.ab.ca)

April 2025

Date	Location	Activity
1	Lahari	Yoga
2	Fitset Ninja Warrior	Obstacles Course
3	CCT World Golf	Virtual Golf
8	Cirquetastic	Acrobatics
9	The Batting Cages	Batting & Pitching
10	South Gymnastics & Ninja	Gymnastics & Obstacles
15	Kinex Arena	Ball Hockey
16	Gracie Barri	MMA
17	Metro Billiards	Pool
22	Marshall Boxing	Boxing
23	WEM Waterpark	Swimming
24	Forza Pilates	Pilates
29	SVAC	Fitness
30	AHP	Baseball

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2	Lahari	Yoga
3	Ciquetastic	Acrobatics
8	Marshall Boxing	Boxing
9	Fitset Ninja	Obstacle Course
10	Metro Billiards	Pool
15	Panther Gym	Boxing
16	Kinex Arena	Ball Hockey
17	Raise Athletics	Pickleball
22	Forza Pilates	Pilates
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