

**St. Albert Sports Academy**  
**Richard S. Fowler - Recreation Program**  
*“Athletics are a Dress Rehearsal for Life”*  
Ph. # 780 459 2644

[barlinghaus@gsacrd.ab.ca](mailto:barlinghaus@gsacrd.ab.ca)

January 2025

Date	Location	Activity
7	Servus Place	Lacrosse
8	CAC Arena	Sledge Hockey
9	Raise Athletics	Basketball
14	CAC Arena	Skating
15	Servus Place	Floor Hockey
16	Vertically Inclined	Rock Climbing
21	Terwillegar Rec Centre	Swimming
22	Liberton Hill	Sledding
23	Metropolitan Billiards	Pool/ Billiards
28	B-Active	Badminton
29	Victoria Park	X-Country Skiing

- All athletes should have a proper change of clothes/equipment and water bottle/snacks for each activity.
- **If students are unable to bring equipment, please inform Mr. Ludtke, Mr. Arlinghaus or Mrs. Bazzarelli so that arrangements can be made.**

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[kbazzarelli@gsacrd.ab.ca](mailto:kbazzarelli@gsacrd.ab.ca)

January 2025

Date	Location	Activity
7	Raise Athletics	Basketball
8	Servus Place	Floor Hockey
9	CAC Arena	Sledge Hockey
14	B-Active	Badminton
15	Terwillegar Rec Centre	Swimming
16	CAC Arena	Skating
21	Vertically Inclined	Rock Climbing
22	Liberton Hill	Sledding
23	YEG Classified	Lazer Tag
28	Victoria Park	X-country Skiing
29	Metropolitan Billiards	Pool/ Billiards

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January 2025

Date	Location	Activity
7	CAC Arena	Sledge Hockey
8	Raise Athletics	Basketball
9	Classified YEG	Lazer Tag
14	Vertically Inclined	Rock Climbing
15	CAC Arena	Skating
16	Metropolitan Billiards	Pool/ Billiards
21	B-Active	Badminton
22	Servus Place	Floor Hockey
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