



St. Albert Sports Academy Recreation Program

January 2025

DATE	Rawcliffe 4	Bussing
Tues., Jan.7	Perfect Storm Please sign the waiver attached	18536 111 Ave NW Depart 12:45 Pick Up 2:30
Thurs., Jan.9	St.Albert Bowling	14 Inglewood Dr. Depart 1:00 Pick Up 2:40
Tues., Jan.14	Swimming Servus	400 Campbell Rd Depart 12:45 pm Pick Up 2:40
Thurs., Jan.16	Desa Karate	3 Rowland Crescent Depart 12:55 pm Pick Up 2:40 pm
Tues., Jan.21	Marshall Boxing	Unit #107- 25 Chisholm Avenue Depart 12:55 pm Pick Up 2:40 pm
Thurs., Jan.23	Desa Karate	3 Rowland Crescent Depart 12:55 pm Pick Up 2:40 pm
Tues., Jan.28	Basketball at Saville	11610 65 Ave NW Depart 12:30 pm Pick Up 2:20
Thurs., Jan.30	PD DAY	





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January 2025: Mrs. McKinnon's Grade 5 Group

DATE	Mrs. McKinnon Grade 5 Activity	Bussing
Mon, Jan 6	Roller Rink(Please see waiver in email) Students can bring their helmets, knee pads and/or elbow pads if they have them.	Depart 12:55 pm
Weds.Jan.8	Fit Set Ninja Please wear active clothing and have clean indoor running shoes. Do not for get your water bottle.	Depart 12:50 pm
Mon, Jan 13	House of Wheels WAIVER	Depart 12:35 pm
Weds.Jan.15	Factory Climbing- No jeans. Active clothing must be worn. Please Fill Out Waiver Here	Depart 12:40 pm
Mon, Jan 20	Mark Messier Ice: Broomball Helmets and gloves/mitts of any kind must be worn. Please wear running shoes with grip.	Depart 12:55 pm
Weds.Jan.22	Factory Climbing	Depart 12:40 pm
Mon, Jan 27	Mark Messier Ice: Skating/Hockey Helmets and gloves/mitts of any kind must be worn. A caged helmet must be worn for hockey. I have some to lend! Please let me know ahead of time.	Depart 12:55 pm
Weds.Jan.29	Forza Yoga & Pilates	Depart 12:55 pm

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January 2025: Tina McKinnon

DATE	Mrs. McKinnon Grade 6-9 Activity	Bussing
Tues. Jan. 7	Forza Yoga & Pilates	Depart 12:55 pm Pick up 2:30 pm
Thurs.Jan 9	Clip n Climb	Depart 12:30 pm Pick up at 2:25 pm
Tues. Jan. 14	House of Wheels WAIVER	Deoart 12:35 pm Pick up at 2:20 pm
Thurs.Jan 16	Fit Set Ninja	Depart 12:50 pm Pick up 2:30 pm
Tues. Jan. 21	Roller Rink - paper waivers will be sent home. 14648 134 Ave	Depart 12:55 pm Pick up 2:30 pm
Thurs.Jan. 23	Factory Climbing Please Fill Out Waiver Here	Depart 12:40 pm Pick up at 2:30 pm
Tues. Jan. 28	Factory Climbing	Depart 12:40 pm Pick up at 2:30 pm